

Learning for life

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HIGHLIGHTS THIS ISSUE: MEET THE MEMBERS SESSIONS; AGM REPORT; DIGITAL STORY-TELLING PROJECT; COOL EVENTS; LET'S DO MUSIC; TURKEY, FRANCE & UK TRAVEL; VOLUNTEERS BARBECUE PHOTOS; 17 SHORT COURSES.

U3A MELBOURNE CITY FORUMS IN FEBRUARY–MARCH

Arranged by Forums Coordinator Necia Burford. Non-members welcome. Cost: \$2 coin on entry.

Both forums held at The Multicultural Hub, 506 Elizabeth Street (opposite Victoria Market)



Karen Curnow

THE FLIPSIDE OF ADVERSITY: a journey in challenging times – moving on after disaster.

Speaker: Karen Curnow

When: Thurs 16 February, 1.00–2.00pm;
 Afternoon Tea: 2.00–2.30pm

Booking essential: U3A office 9639 5209 before 3pm, Monday 13 February.

What do you do when you have lost almost everything? After your house, property and beloved horses are all destroyed. This personal story goes to the very heart of what it means to survive a disaster, come so close to losing your life and then move on with a new sense of purpose and enjoyment.



Nicole Jenkins

EVERYTHING OLD IS NEW AGAIN: The History of Vintage Clothing.

Speaker: Nicole Jenkins

When: Thurs 15 March, 1.00–2.00pm;
 Afternoon Tea: 2.00–2.30pm

Booking essential: U3A office 9639 5209 before 3pm, Monday 12 March.

Nicole Jenkins is a costume designer and owner of a Fitzroy vintage clothing shop. For thirty years she's been collecting and restoring Australian historical clothing. Join her for a talk on men's and ladies' fashions from the '20s to the '60s, and bring along items from your own collections for discussion.

NEW MEMBERS – GETTING TO KNOW YOU

Our U3A suffers from not having a common room. That makes it hard for us to meet each other, outside the classes we attend. New members may particularly feel a lack of community.

So if you are a new member, or even not-so-new, you are very welcome to come along to a morning or afternoon tea on any of the following dates to hear more about us and meet other new members, volunteers and committee members.

Look forward to meeting you!

Come along to one of these Meet the Members sessions for tea and conversation, and find out more about your U3A.



Date	Time	Venue
7 Feb	10.30-12noon	Ross House, 3 rd Floor, MR 1 (Jenny Florence Room)
23 Feb	1.30-3pm	Ross House, 3 rd Floor, MR 1 (Jenny Florence Room)
9 May	10.30-12noon	Ross House, 4 th Floor, MR 1 (Hayden Raysmith Room)
10 Sep	1.30-3pm	Ross House, 4 th Floor, MR 1 (Hayden Raysmith Room)
23 Nov	10.30-12noon	Ross House, 3 rd Floor, MR 1 (Jenny Florence Room)

Please contact the U3A office to make a booking for either of the February sessions. Later sessions will be re-advertised in coming newsletters.

Bookings are essential for catering purposes. Phone 9639 5209.

PRESIDENT'S MESSAGE: SOME THINGS WORTH KNOWING



Thank you, Australian Poetry

In 2012, Australian Poetry is sponsoring our Australian Poetry short course by providing it with a room for weekly classes, free-of-charge, at the Wheeler Centre in Little Lonsdale Street.

Australian Poetry was formed in 2011 through a merger of the Australian Poetry Centre and Poets Union, with a charter to promote and support Australian poets and poetry locally, regionally and internationally. You can find out more at the website www.australianpoetry.org

Dear Members

Welcome to the New Year! May it be a very happy and productive one for all of you.

This newsletter gives you all the short courses for early 2012 – and I am impressed at how the number of short courses has grown over the past few years. The demand for the yearlong courses is very high, and a huge amount of work goes into getting everyone slotted into their preferred course(s). Our record in meeting people's first preference is very high but we cannot always meet the demand at the beginning of the year. We hope that the array of short courses will give you interesting and stimulating options if you have to wait to get into a preferred yearlong course.

Thank you to those volunteers who spend days in the office when most other people are on holiday, getting all this organised in the fairest way possible.

The office volunteers often get asked questions over and over again. So this year you are

receiving an information sheet with your newsletter, addressing the most frequent questions asked by members, plus some other issues you may not have thought of – such as what to do in situations that might never happen, including if we had to evacuate the building.

Please take the time to read this, and keep it somewhere safe. It's useful to keep some of these documents and look at them now and then.

There are reasons for all the decisions we make, and in the case of allocating enrolments we try to do what is fairest for everyone: as you would too, if you had to allocate a scarce resource.

Happy learning, have fun. That's what it is all about.

Jill Thompson, President



COMMITTEE.COM: what happened at the AGM; and an exciting new project needing participants

COMMITTEE MEMBERS, 2012

Jill Thompson **President**
Keith Bettles **Vice President**
Carolyne Cohn **Secretary**
David Watson **Treasurer**

Michael Baker, George Boag,
Necia Burford, Jack Foks,
Shirley Mason, Tony Miles,
Julie Nankervis, Anne Riddell,
Terry Rickard (co-opted), Fran
Sciarretta, Max Warlond.

Highlights of the Annual General Meeting (AGM)

The AGM on 17 November 2011 saw fourteen members stand for election to fill the fourteen vacancies on the 2012 Committee of Management. All were elected. (Terry Rickard was subsequently co-opted as a fifteenth member at the new committee's inaugural meeting.)

The meeting also passed a motion permitting the committee to exercise an option to raise membership fees for 2013 during the coming year, if deemed necessary.

Marguerite Grynberg, Anne Hewett, Margaret Ledley and Will Semler were presented with certificates of Life Membership in acknowledgment of their contributions to U3A Melbourne City over a period of at least ten years (which is a prerequisite for Life Membership).

Copies of the 2010-11 Annual Report including financial statements were available at the meeting. The report has now been distributed to the whole membership with this newsletter.

Wanted: participants for a digital story-telling project – 'Seniors in the City'

What do you feel about this great city we live in? What are the city experiences you value most? How does U3A come into your enjoyment of city life?

Thanks to a Community Services Grant from the City of Melbourne, we are starting a project aimed at capturing your personal city interests and enthusiasms and recording them in digital formats – photographs, videos and audio recording. The results will form a valuable resource illustrating the capabilities and dynamism of older Melburnians who are engaged with our U3A.

Participation will involve:

- **attending an information session** where we can explore the different approaches
- **attending a digital photography workshop** (optional)
- **keeping a visual and/or audio diary** (using your digital camera, smart phone, etc.) recording your engagement with the City and with U3A over a one-month period
- **attending a digital storytelling course** run by the CAE (approx. 20 hours) where you will learn how to combine photographs, stories and audio or video files into a digital storybook
- **taking part in a public screening** of *Seniors in the City* digital stories during Seniors Week in October 2012.

Helena Ling, Project Manager



Helena Ling invites you to play a part in her latest project, which will promote our U3A to a wide audience.

For effective participation, you will need to have your own camera (not necessarily digital), preferably live in the City of Melbourne municipality or visit regularly, and know your way around a computer.

Please register your interest at the office **by Friday, 17 Feb** and Helena will be in touch.

COOL TRIPS FOR A HOT SUMMER ('Book&Pay' means no bookings taken without payment)

When/what/where?	More info	Paying and meeting
Sunday 26 Feb at 3pm YES PRIME MINISTER! The Comedy Theatre Exhibition Street, Melbourne	One or two tickets may still be available for this much-acclaimed show, in which the writers of the original series bring Jim Hacker and Sir Humphrey into the present maelstrom of British politics.	Cost: \$82 (saving \$15) Pay&collect tickets at the office up to Fri 24 February – first in, first served.
Tuesday 28 February, 11am until early/mid-afternoon CITY TREASURES TOUR A walk in the CBD and afternoon tea	First, a tour of the ANZ's elaborate Gothic bank and museum in Collins Street, then a glance at the magnificent renovated lobby of 333 Collins St; followed by a gentle stroll (or tram ride) to the Block Arcade. After a guided tour of the Arcade, afternoon tea at the Charles Dickens Tavern.	Cost: \$10 – maximum 20 places. Book&Pay by Wed 1 February Meet: 11am inside main entrance of the ANZ Bank at north-east corner Collins and Queen Sts.
Thursday 8 March, 8pm UKELELE CONCERT State Theatre, St Kilda Road <i>Wheelchair friendly</i>	Ukeleles are the next BIG thing (Jonathan Welch is forming a group in Melbourne) – so come and enjoy the hugely successful Ukelele Orchestra of Great Britain, rated ' <i>Absolutely the best</i> ' by Michael Palin!	Cost: \$89 (A Reserve) – only 20 tickets available. Book&Pay by Wed 1 February Collect tickets from U3A Office.
Friday 30 March – check with office. YARRA VALLEY WINE AND GARDENS Coach tour	STOP PRESS! This planned tour hangs in the balance, with the sudden demise of the coach company. Coordinator Shirley Mason is trying to book other transport. Ring the office in early February to find out whether it, or another outing, will be going ahead.	Cost: \$? Book&Pay by Thursday 1 March Meet: Find out from office when you Book&Pay.

LET'S DO MUSIC: a new offering initiated by member Marilyn Burt

When/what/where?	More info	Paying and meeting
Wednesday 29 February, 6pm CLASSICAL CONCERT <i>Pierrot by Moonlight</i> Melbourne Recital Centre, 31 Sturt Street, Southbank	The Syzygy Ensemble consists of Laila Engle on flute, Julia Stoppa on clarinet, Blair Harris on cello and Leigh Harrold on piano. The program includes Debussy's <i>Cello Sonata</i> , Annie Hui-Hsin Hsieh's <i>Towards the Beginning</i> , and Brett Dean's <i>Night Music</i> .	Cost: \$35/\$25 concession* (Health/Pension card only) Book&Pay at U3A office by Monday 20 February. Meet: 5pm Script Bar & Bistro
Wednesday 28 March, 6pm CLASSICAL CONCERT Guitar and piano Melbourne Recital Centre, 31 Sturt Street, Southbank	Hear acclaimed Italian guitarist Massimo Scattolin and celebrated pianist, organist and composer Anthony Halliday in a program including Weber's <i>Divertimento</i> , the best-loved movement of Rodrigo's <i>Concierto de Aranjuez</i> , and Piazzolla's <i>Four Seasons</i> .	Cost: \$35/\$25 concession* (Health/Pension card only) Book&Pay at U3A office by Monday 19 March. Meet: 5pm Script Bar & Bistro

WHY 'LET'S DO MUSIC'? Marilyn Burt explains

Meet your fellow concert-goers an hour before the performance for coffee and conversation at Script Bar & Bistro in the Melbourne Theatre Company building, 140 Southbank Boulevard – next door to the Recital Centre.

Marilyn will supply your ticket then. For more info, email her at wedmusic2012@gmail.com; or ask the office to email her with your name and phone number and she'll ring you.

***Proof of concession eligibility may be requested by Recital Centre staff.**

I have been thinking about this concept for a while. Like many single women, there are times when I miss the opportunity to 'discuss' events with other likeminded people (note: I am saying people – not just women). In my immediate friendship group there is no one who is interested in classical music and I saw that I needed to create an opportunity to address this. So I want to see if others will join me in attending monthly concerts with a social touch – meeting beforehand to introduce ourselves and chat over coffee; maybe even having a drink afterwards to discuss the performance.

This series of concerts is well-priced and features interesting performers and programs. They are held in The Salon, a small intimate space with limited seating, in the style of Theatre in the Round. I chose the 6 o'clock time spot in the belief that, like me, many people enjoy early evening performances. The Recital Centre is easy to access, on foot from St Kilda Road or by No.1 tram, or there is parking in the NGV/Arts Centre car park.

I look forward to meeting you there!

Marilyn Burt, LDM Coordinator



'LET'S DO LUNCH' NEWS

To be fully informed about forthcoming lunches, you need to **register as an LDL member**. Email your contact details to the U3A office with **LET'S DO LUNCH** in the subject line. If you have no access to email, ring the office and the staff should then email your name and phone number to LDL Coordinator Rosemary Ryall.

Rosemary will soon be letting all registered LDL members know about planned lunches in February and March.

LDL club member Jenny Martin reports:

In November fourteen LDL members visited Tibas' Lebanese restaurant in the wilds of Brunswick. This was a delicious and very good value lunch and I feel Mr Tibas needs to extend to the south-eastern suburbs!

In December fifteen of us visited Mr Price's Food Store in North Melbourne. The venue was delightful and Mr Price presented a most interesting menu, with imaginative dishes beautifully prepared.

Both these lunches were excellent.



At Mr Price's Food Store in December

TRAVEL OPPORTUNITIES

Your committee believes that travel enhances 'Learning for Life' and so we advertise selected opportunities which seem to offer special value for our members.

However, this should not be taken as an endorsement or recommendation to participate. Members are solely responsible for their own choices and any consequences that may result.

***Brochures for the Sage tours are available from the office.**



Istanbul – Aya Sofia.

VISIT TURKEY – BE AMAZED!

19 April–7 May and 19 Sep–7 Oct, 2012

Tour leader Jill Thompson never loses her fascination with this beautiful country with its profound history, phenomenal scenery, ancient monuments and cities.

A Turkish guide and driver will accompany the small group (10-15 people) all the way, staying in comfortable boutique accommodation.

Organised through accredited travel agent – Fairy Chimneys Ltd, Riversdale Rd, Camberwell

For full itinerary, and terms and conditions, contact thomjill@alphalink.com.au

Or visit the website www.fairychimneys.com.au

A\$3930 per person land costs – \$780 single supplement.

FRANCE & UK TOURS WITH SAGE*

Sage Travel provides tours designed especially for the mature traveller. There are no hidden extras, with the tour cost covering everything except a meal or two. No single supplement required.

Live and Study In France In the Loire Valley, 2 –20 July, 2012

Stay in the Loire Valley while attending French lessons at the Angers University, followed by four nights in Paris.

Fully inclusive price A\$10,946 per person.

Three Countries/Three Universities Tour England, Wales & Scotland, 4–27Aug, 2012

Tour Windsor and Buckingham Palace, visit many historic sights and stay at Oxford and Cambridge universities.

Fully inclusive price A\$10,959 per person.

PICTURES FROM THE VOLUNTEERS END-OF-YEAR BARBECUE Photography by Ida Tipping



MEET A VOLUNTEER: Rhonda Favaloro who tutors Botanical Art

I trained as a nurse at the Royal Alexandra Hospital for Children in Sydney and worked for the majority of my career at the Royal Children's Hospital in Melbourne. But throughout my training and initial years in Melbourne I was constantly drawing children and people in various situations. On coming to Melbourne I studied oil painting before furthering my nursing career with post-graduate nursing and education studies. However, in 1992 while walking up to Melbourne University to re-enrol in a Doctorate of Education, it occurred to me that I would rather be painting – so instead, I spent the next four years drawing and discovering watercolours.

Frustrated by the lack of detail in landscape painting, I was fortunate to hear Jenny Phillips (the world-renowned botanical artist and teacher based in Melbourne) talking on the radio about the importance of detail in botanical art. Joining her classes, botanical art became a passion and was a real bonus when in 2001, my nursing career came to an abrupt end with the resurfacing of an old injury.

Painting helped my sanity while struggling with chronic pain but eventually even that became a struggle. Once again fortune stepped in when I joined U3A Melbourne City and enrolled in Book Discussion and Shakespeare Revisited . . . I started to feel that I had a life again . . .

As I experienced the excellent guidance of the tutors, I became aware of the philosophy of giving that is the mainstay of U3A. So once I was thinking clearly again, it seemed important to give something back in the form



of volunteering. In 2008 I assisted with course co-ordination for a year and commenced teaching Botanical Drawing and Watercolour. The following year a second botanical art group commenced.

I feel extremely fortunate to be involved with these two groups of painters. It is so rewarding to have experienced the development of these budding artists and to enjoy the laughter

and learning that occurs every week. I can't imagine my life without the pleasure that Mondays and Thursdays bring. Personally I am extremely satisfied with what I receive and what I am able to give in return to U3A.

Having been involved for a short period of time with the administrative and committee functions of U3A, I was able to appreciate the forward thinking of an amazing group of people who are the leaders of this voluntary organisation. Their foresight has seen amazing developments in the range of courses that are offered and the future directions of U3A. However, I know that expertise is always required. And therefore I would like to see a situation wherein all members are *expected* to contribute in one way or another to our organisation.

This is a slightly abridged version of Rhonda's story. For the full text and many other stories, go to u3amelbcity.org.au/Volunteering_Voices

SHORT COURSES STARTING FEBRUARY-MARCH No classes on Public Holidays

Monday, 12.00–2.00

RH, Gr Floor, MR1

**February 13 – April 30
(10 sessions, 10 places)**

PAINTING AND ADVANCED DRAWING: Part 1 Tutor: [Peter Hannaford](#)

This course is aimed at those with some drawing skills who want to further develop these skills and to explore art mediums that will create more vibrant artwork. Although there will be an emphasis on oil painting, other mediums such as pastel, ink etc can be included. Printouts of relevant artworks by famous artists will be shown and discussed during sessions. The particular subject matter of interest to each participant will be discussed at the first session.

Course materials: Art materials and possible equipment such as easels will be discussed in Week 1.



Monday, 1.00–2.30

RH, Mezzanine MR

**February 13 – March 19
(5 sessions, 20 places)**

ANALYSING AMERICA'S POLITICAL DYSFUNCTION Tutor: [Bill Claiborne](#)

A continuation of the 'Understanding America' series. The emphasis of this short course will be on the upcoming 2012 U.S. election and the effects of economic decline, two debilitating wars and the increasingly toxic political polarization in the U.S. This course is NOT a lecture presentation as before, but requires active participation and discussion by all students.

No new students after Week 3.

Prerequisites: No prior expertise required, but students should familiarize themselves with current events in the U.S. by reading newspapers, news magazines, watching PBS World News weekdays at 4.30pm on SBS, or online at the *New York Times* or *Washington Post* websites.



Monday, 2.00–4.00

RH, 1st Fl, MR3

**February 13 – March 26
(6 sessions, 25 places)**

RENEWABLE ENERGY – THE GOOD, THE BAD AND THE DEBATABLE

Tutor: [Bernard Wheelahan](#)

This revised and expanded course will review renewable energy options in the context of total energy demand. It will cover oil, coal, natural gas (including LPG Coal Seam Methane and shale gas), wind, solar, hydro, biomass, ethanol, biodiesel, nuclear and hydrogen. Each form of renewable energy is considered against its competitors, including the scientific, economic, political and social issues in the exploration, production and development of each form. We will spend two weeks on fuels for electricity, two on transport fuels and two on the hard ones – nuclear, hydrogen etc. Bring your questions and ideas gleaned from the media to add to the discussion in this lively class.



RH=Ross House; MR=Meeting Room. Phone office 9639 5209 to enrol immediately. First come, first in!

<p>Tuesday, 10.30–12.00 RH, 2nd Fl, MR1 February 14 – April 3 (8 sessions, 3 places)</p>	<p>COMPUTER BASICS Tutor: George Boag REPEAT COURSE This 8-week course provides personal instruction on the use of laptops. It covers the basics of laptop computers, operating systems, Word and Excel programs, and the Internet. Students on the February waiting list will be offered places in subsequent rounds of this course during the year. No new students after Week 1.</p>
<p>Tuesday, 11.00–12.30 Multicultural Hub 506 Elizabeth St March 6 – June 26 (15 sessions, 20 places)</p>	<p>BEHIND THE NEWS Group Leader: Terry Rickard  This course complements our current affairs courses by examining the news media and considering why some topics make the news and others don't. It explores why journalists decide to report some things and not others. Participants will also study how the different media outlets process and shape information. The course will also consider the implications of the various ways news is presented. No new students after Week 2.</p>
<p>Tuesday, 1.00–2.30 Wheeler Centre, 3rd Fl Board Room, 176 Lt Lonsdale St February 14 – April 17 (10 sessions, 15 places)</p>	<p>ENJOYING AUSTRALIAN POETRY Group Leader: Michael Fox REPEAT COURSE Come and bring your favourite Aussie poets: read them, defend them, argue the difference between verse and poetry, and between the 'Sydney Push' and Melbourne Uni's 'Roaring Boys'. Course materials: A poetry book that you like.</p>
<p>Wednesday, 11.00–12.30 RH, 1st Fl, MR3 March 7 – March 28 (4 sessions, 20 places)</p>	<p>WHY SPEND MONEY ON INFRASTRUCTURE? Tutor: Eric Stokes  Currently the need to spend more money on infrastructure is raised in political debate. The course will briefly outline the major elements of infrastructure (water, transport, communication etc.) and their historical development in response to the changing needs of a developing nation. The current factors driving the need for development will be examined, together with the resources and political processes needed to achieve the desired changes. Discussion will be strongly encouraged, to enable participants to become better informed on this issue. No new students after Week 2. Prerequisite: An interest in public issues.</p>
<p>Wednesday, 1.00–2.30 RH, 1st Fl, MR1 February 15 – March 21 (6 sessions, 15 places)</p>	<p>DOES DEMOCRACY WORK? Group Leader: Jack Foks REPEAT COURSE Students will be introduced to, and involved in discussion of, different concepts and manifestations of democracy, considering what they mean for: forms of government (e.g. Westminster, USA, national, state, local); legal frameworks – constitution, bill of rights, rule of law; electoral systems and elections; political organisations – parties, pressure groups, lobbyists; national vs local vs personal interests; long term vs short term interests; compromise and corruption; freedom of speech, action and information for citizens generally and for particular groups, e.g. women, minorities; the role of the media; national security; international relations; and any other areas of interest or concern to the students. No new students after Week 2.</p>
<p>Wednesday, 2.00–4.00 RH, 1st Fl, MR3 February 22 – April 11 (8 sessions, 20 places)</p>	<p>ANALYZING RELIGION AND SPIRITUALITY Tutor: David Miller REPEAT COURSE Explore the role religion and spirituality plays in our lives and in society, and the nature of our beliefs. This course will take a 'community of inquiry' approach. Topics will be introduced and then participants will be encouraged to ask questions, offer comments and contribute to the discussion. For example: Are we hard-wired for belief? Are Gods, gods, spirituality and religion necessarily supernatural? Is there a difference between belief and knowledge? Can science be a religion? A course outline and reading list will be on my course page on the U3A website.</p>
<p>Wednesday, 1.30–3.00 Welsh Church Hall 320 La Trobe St February 15 – April 4 (8 sessions, 20 places)</p>	<p>MIDDLE EASTERN BELLY DANCING Tutor: Elfie Schmidt CONTINUING Belly dancing develops your ability to move gracefully and thereby increase your tone and flow, physically as well as mentally, emotionally and spiritually. It is a very feminine form of dance, non-competitive and lots of fun to share with others. New and continuing students welcome. Prerequisites: Average level of fitness for age; sense of rhythm and love of music; love to dance.</p>
<p>Thursday, 10.30–12.30 RH, 2nd Fl, MR1 February 16 – March 15 (3 sessions, 12 places) FORTNIGHTLY</p>	<p>MAKING CHANGES: TAKING CHARGE OF OUR LIVES  Tutor: Dr Christine Gillespie You want to play the trombone? Need to move house? Feel as if you are in a rut? You're facing a daunting life transition? Adventure calls? – How do we make changes? Is it fate and the gods? Our own decisions and action? Sometimes change is thrust upon us, other times we initiate and welcome it. In these three workshops we look at changes and transitions. We will devise some simple plans for moving on and whip up the encouragement (and courage!) to act. An interactive, structured short course. It will be inspiring. And we'll have fun! Christine is a writer and experienced group leader who has worked in adult and tertiary education, as well as community arts. No new students after Week 1.</p>

Thursday, 10.00–11.30RH, 1st Fl, MR3**February 23 – March 29**
(6 sessions, 20 places)**MEDIEVAL ENGLISH CATHEDRALS** Tutor: [Dr Lynne Broughton](#)

The cathedrals of England are justly famous throughout the world for their beauty and their historical interest. In the Middle Ages the cathedrals were centres, not just of worship, but also of community life. They were a source of affection and pride; into their building and embellishment was poured a large proportion of the financial and artistic resources of the kingdom. This course will touch on all aspects of the design, building and use of cathedrals. The development of architectural styles will be traced; the paintings, furnishings and monuments will also be considered in their historical and stylistic context. Features being discussed will be illustrated with pictures in PowerPoint presentations. Dr Broughton has lectured on church art and architecture in Britain and in Melbourne, and is the author of books on Lincoln and Ely cathedrals.

**Thursday, 10.00–12.00**

March 1 – March 22

(4 sessions, 12 places)

Find out meeting places from the office when you enrol.**ARCHITECTURAL HERITAGE WALKS** Group Leader: [Max Nankervis](#)

This series of walks will explore the buildings and architectural development of four inner Melbourne areas from the 19th century to the present day. Each walk will focus on specific buildings, architectural styles, changing use and the social context that underpins these changes. The two-hour walks will visit Fitzroy, East Melbourne, South Melbourne and St Kilda. The meeting location for each walk will be advised on enrolment. You will be guided on the walks by Max, a former lecturer in Town Planning with a particular interest in the historical development of cities.

**Prerequisite:** Capacity to stand and walk at average pace for 2 hours, but a coffee stop at the end!**Course materials:** Suitable clothes and footwear. Small photocopy charge to cover annotated maps.**Thursday, 12.00–2.00**RH, 1st Fl, MR1**February 16 – February 23**
(2 sessions, 20 places)**LEARNING A FOREIGN LANGUAGE: how to make learning at home more effective**Tutor: [Ian Pearson](#)**REPEAT COURSE**

This course is useful for anyone studying foreign languages, either independently or attending a course. Over two 2-hour sessions we will explore strategies and activities you can use to master a new language. We will look at how you like to learn, and at the principles that underlie effective language learning. We will also evaluate some common learning strategies and go through a set of activities you can use at home, with examples from some of the books and CDs available in the City Library. **No new students after Week 1.**

Friday, 10.00–12.00RH, 1st Fl, MR1**February 17 – April 13**
(8 sessions, 20 places)**GREAT PLAYS OF THE 20TH CENTURY** Tutor: [Tony Page](#)

The 20th century was an exciting time for theatre with many new subjects and styles. This course will look at eight of the most popular plays from the period – examining them both as written literature and the staging techniques employed at the time of their original performance. We'll also consider how audiences responded to each play and its broader cultural impact. Authors will include Miller, Williams, Beckett, Pinter etc. A full list of titles will be on the U3A website and it is recommended that participants read each play before the relevant session. Classes will be a mix of tutor presentation, general questions and lively discussion.

**No new students after Week 3.****Friday, 1.00–2.30**RH, 3rd Fl, MR1**February 17 – March 23**
(6 sessions, 15 places)**GET HEALTHY: EASY STEPS TO IMPROVE YOUR HEALTH, Part 1**Group Leader: [Nancy Lane](#)

Each week the group facilitator will present a few simple steps we can take to improve our health without strict dieting or strenuous exercise. These steps will be based on current health and medical research. Class members will each decide on one or two steps to trial – the idea is to make these steps a habit and incorporate them into their daily routines. They will report back to the group the following week, discussing what worked and what didn't and why. We will concentrate on healthy food and drink, and will include some tasting sessions along with our discussions. In future courses we will look at areas such as movement and flexibility, sleep, relaxation, staying connected and maintaining a positive attitude.

Prerequisite: Come prepared to participate in discussion and experiment with changing some habits.**Course materials:** \$5 fee**Friday, 2.30–4.00**RH, 3rd Fl, MR1**March 9 – April 27**
(7 sessions, 20 places)**CONVERSATION FRANCAISE** Tutor: [Marguerite Grynberg](#)**CONTINUING**


Improve your listening, understanding and speaking skills in French. Enjoy the French language and life in France in a friendly atmosphere. Emphasis is on speaking French.

Prerequisites: Students need an understanding of French grammar, spoken and written French.**Course materials:** Students to bring a French/English dictionary.

Course Content Disclaimer: All material presented in our classes is at the discretion of the tutor or group leader and does not necessarily reflect the views of U3A Melbourne City. Members are solely responsible for the choices they make. Course summaries indicate the content to be covered; members should seek clarification from the tutor if required.

City News is published in January, March, May, July, September and November. **Newsletter team:** Anne Riddell (editing and layout); Helena Ling (course lists, distribution, website posting); David Watson, Mike Shackleton (photocopying/mailling); Jan Miller (website posting); Margaret Rees, David Williams and others (mail-out). **Copy deadline first Wednesday of the month of publication.** Please email or send items to office for 'City News Editor'.

2012 YEARLONG COURSES SUMMARY AT 11/1/2012 – showing vacancies

Shaded courses are full. Flagged courses  had some vacancies at time of printing. Phone office on 9639 5209 to apply. No classes on Public Holidays. *Group Leader (GL) – no formal tuition offered.* Always check room on Ross House board on the day, in case of change.

COURSE TITLE AND TUTOR/GROUP LEADER	Starting	Day	Time	Room
BOOK DISCUSSION / Sandra Joicey (GL) <i>Monthly – last Thursday</i> 	1 March	Thurs	1.00-3.00	RH 4 th Fl, MR1
BOTANICAL ART – MONDAY / Rhonda Favaloro	13 Feb	Monday	1.00-3.30	Docklands Hub
BOTANICAL ART –THURSDAY / Rhonda Favaloro 	16 Feb	Thursday	1.00 - 3.30	Docklands Hub
CHESS LEVELS 1 & 2 / Blair Cramer	20 Feb	Monday	10.00 - 12.00	RH Gr Fl MR1
CHOIR / Margaret Shilton (GL) 	15 Feb	Wednesday	10.00 – 11.30	Welsh Church Hall
CRAFT GROUP / Betty Westerland (GL) 	14 Feb	Tuesday	10.00 - 1.00	RH Mezzanine MR
CRYPTIC CROSSWORDS / Kelvin Edwards (GL) <i>Fortnightly</i>	17 Feb	Friday	11.30 - 1.00	RH 1st Fl MR3
CURRENT AFFAIRS / George Boag (GL) 	16 Feb	Thursday	10.30 - 12.00	Multicultural Hub
ECONOMICS / John Besley 	21 Feb	Tuesday	10.00 - 11.30	RH 3rd Fl MR1
ENGLISH CONVERSATION / Katharina Budde	6 Feb	Monday	11.00-1.00	RH 3 rd Fl, MR2
FLORISTRY / Judy Eldred	7 March	Wednesday	11.30 - 1.00	RH Gr Fl MR1
FRENCH, ADVANCED / Robert Hooke 	13 Feb	Monday	10.00 - 12.00	RH 1 st Fl MR1
FRENCH, INTERMEDIATE / Carol Wright	7 March	Wednesday	10.00-11.30	RH 3 rd Fl MR1
FRENCH, POST INTERMEDIATE / Robert Hooke	15 Feb	Wednesday	10.00 - 12.00	RH 1st Fl MR1
FRENCH, POST-BEGINNERS / Carol Wright	7 March	Wednesday	11.30-1.00	RH 3rd Fl MR1
FRENCH RE-CONNECTION / Maud Heron-Williams 	13 Feb	Monday	12.30 - 2.00	RH 1st Fl MR1
FRENCH STUDY & CONVERSATION – ADVANCED / Hilary Adair (GL) 	6 March	Tuesday	10.00 - 12.00	RH 1st Fl MR1
GERMAN BEGINNERS / Sigrid Erdt	17 Feb	Friday	10.00-12.00	RG, Gr Fl, MR1
GERMAN CONVERSATION / Erika Martens/Jack Foks (GL) 	17 Feb	Friday	10.00 - 11.30	Multicultural Hub
GERMAN LANGUAGE & CULTURE / Erika Martens	1 March	Thursday	2.00 - 4.00	RH 3rd Fl, MR1
GREAT WORKS OF LITERATURE / Christina Hill	7 March	Wednesday	1.00 - 3.00	RH Gr Fl MR1
HISTORY OF THE WORLD / Chris Dargan 	17 Feb	Friday	1.30 - 3.30	RH 4th Fl, MR1
ITALIAN, ADVANCED / Val Pincus (GL)	16 Feb	Thursday	10.00 - 12.00	RH 3rd Fl MR2
ITALIAN, POST-BEGINNERS / Diana Bianciardi	21 Feb	Tuesday	1.00 - 2.30	RH 1st Fl MR1
ITALIAN, INTERMEDIATE / Joan Gravina 	14 Feb	Tuesday	1.00 - 2.30	RH Mezzanine MR
JAPANESE LANGUAGE & CULTURE / Shinei Sakai	16 Feb	Thursday	10.00 - 11.30	RH 1st Fl MR1
JAPANESE POST-BEGINNERS / Sadako Martin 	14 Feb	Tuesday	10.30 – 1.00	RH 1st Fl MR3
KRISHNAMURTI / Angela Hamilton-Smith (GL) <i>Monthly</i> 	4 March	Sunday	2.00 - 5.00	CAE
LATIN POETRY – AN INTRO / Michael Baker 	14 Feb	Tuesday	11.30 - 1.00	City Library
LATIN POETRY – CONTINUING / Michael Baker 	14 Feb	Tuesday	10.00 - 11.30	City Library
MAHJONG FRIDAY / Mary Horsfall (GL)	17 Feb	Friday	12.30 - 3.30	RH Gr Fl MR 1
MAHJONG TUESDAY / Dorothy Davis (GL)	14 Feb	Tuesday	10.00 - 1.00	RH Gr Fl MR 1
MONDAY WRITERS / Mary Horsfall (GL)	13 Feb	Monday	12.00 - 1.30	RH 1 st Fl MR3
MOVIE DISCUSSION GROUP / Rhoda Lysakowski (GL) <i>Monthly – 3rd Monday</i>	20 Feb	Monday	10.00 - 12.00	RH 3 rd Fl MR1
MOVIES OF MERIT / John Waldie	1 Feb	Wednesday	1.00 - 4.00	Docklands Hub
MUSIC ENSEMBLE / Juliette Zeelander (GL) 	13 Feb	Monday	1.00 - 3.00	Welsh Church Hall
PAINTING: WATERCOLOUR AND OILS / Ann Hewett (GL)	15 Feb	Wednesday	11.30 - 1.00	RH 2nd Fl MR 1
PHILOSOPHICAL ISSUES / Margaret Ledley (GL)	14 Feb	Tuesday	2.00 - 3.30	RH Gr Fl MR1
PHILOSOPHY, THE BASICS / Chris Dargan	17 Feb	Friday	10.00 - 11.30	RH 1st Fl MR3
SHAKESPEARE REVISITED / Sandra Joicey	1 March	Thursday	10.00 - 12.00	RH 3rd Fl MR1
SPANISH ADVANCED / Juan Martinez 	13 Feb	Monday	10.00 - 12.00	RH 1 st Fl MR3
SPANISH POST-BEGINNERS / Juan Martinez & Flora Anderson	14 Feb	Tuesday	1.00-3.00	RH, 1 st Fl, MR3
UNDERSTANDING FINANCIAL MARKETS / Tim Wilson	14 Feb	Tuesday	10.00 - 12.00	RH 3rd Fl MR2
WEDNESDAY WRITERS / Betty Caldwell	7 March	Wednesday	11.00 - 1.00	RH 3rd Fl MR2
WESTERN INTELLECTUAL TRADITION / Rom Jagielski	23 Feb	Thursday	1.00-2.30	RH 1 st Fl, MR3
WEISS REPORT / Edward Weiss <i>Fortnightly</i> 	24 Feb	Friday	11.00 - 12.00	RH 3rd Fl, MR1
WINE APPRECIATION / Rod Hawken (GL) <i>Monthly</i>	15 Feb	Wednesday	7.30 - 10.00	RH Gr Fl MR 1
WISDOM OF THE AGES / Chris Dargan	13 Feb	Monday	2.00 - 3.30	RH 1st Fl MR1
YOGA - A / Alma Kristensen	13 Feb	Monday	10.00 - 11.30	RH 4 th Fl MR1
YOGA - B / Alma Kristensen	13 Feb	Monday	12.00-1.30	RH 4 th Fl MR1