

Learning for life

U3A Melbourne City Inc. A University of the Third Age. ABN 84932435817
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HIGHLIGHTS THIS ISSUE:

FOCUS GROUP INVITATION; NEW VOLUNTEERS; REFUND POLICY; WINTER LUNCH; MODELS & SENIORS WEEK AMBASSADORS WANTED; DEMOCRACY ONLINE REPORT

U3A MELBOURNE CITY FORUMS IN AUGUST–SEPTEMBER

Law and language feature in our next two forums. Non-members welcome – invite someone you know.



YOU BE THE JUDGE! – Jenni Cody

When: Thursday 18 August, 1.00–2.30pm;
Afternoon Tea 2.00–2.30pm

Where: The Multicultural Hub,
506 Elizabeth Street (opposite
Victoria Market).

**Booking essential: U3A office 9639 5209
before 3pm, Monday 15 August.**

Cost: \$2 on entry.

This interactive session by the Education Section at the Sentencing Advisory Council Victoria bursts some of the myths and misconceptions surrounding sentencing in Victoria. The audience participates in case studies and sentencing examples. Come along and 'be the judge'!



Kate Burridge

WHY DON'T NOBODY TALK PROPER NO MORE? – Kate Burridge

When: Thu 15 September, 1.00–2.30pm;
Afternoon Tea 2.00–2.30pm

Where: The Multicultural Hub,
506 Elizabeth Street (opposite
Victoria Market).

**Booking essential: U3A office 9639 5209
before 3pm, Monday 12 September.**

Cost: \$2 on entry.

In a very warm and entertaining way, Professor Burridge shows us how Melbourne accents and vocabulary have changed over the past 25 years, what words and phrases we no longer use and some we seem to use every day.



DON'T MISS OUR VERY OWN CHOIR IN CONCERT



U3A Melbourne City Choir Concert

When: Wednesday, 28 September at 10.15am

Where: Welsh Church Hall, 320 La Trobe Street
(between Elizabeth and Queen). The Hall is to your left.

Led as usual by Margaret Shilton, our choir's winter concert is one of the year's best-loved events. This year the theme is 'Heroes and Some Who Think They are Heroes!' The program will include excerpts from Handel's *Judas Maccabaeus*, Gilbert and Sullivan operettas, and Broadway musical *Man of La Mancha*.

This is a free concert and you are invited to stay for refreshments afterwards and have a chat with Margaret and her singers.

PRESIDENT'S MESSAGE: BECOMING 'REGIONAL' ... AND AN INVITATION



NETWORK VICTORIA

'Network' is the peak body for U3As in Victoria, representing some 97 Universities of the Third Age with over 24,500 individual members. The central role of the Network is to promote the U3A movement and provide support for its members. It consists of a Council of nominated representatives from member U3As and an elected Executive Committee. Our current Network representative is Jill Thompson.

Dear Members

The development of U3A 'regions' has been Network policy for several years. A region is the grouping of a number of separate U3As based on geographic proximity, which meet according to their own needs and wishes, to discuss common issues.

U3A Melbourne City has not been part of a region, but on 22 June a meeting of potential regional presidents was held at Ross House. After considerable discussion, it was agreed that U3A Melbourne City would be included in a region comprising several central, city-connected U3As.

It remains up to individual U3As to make their own liaison approaches. At present Yarra City U3A has expressed an interest in teaming up with us, and Port Phillip would like just to keep in touch. So your committee has decided to 'give it a go' till the end of the year, and see where we are then.

And now, an invitation to members: if you are between 50 and 65 (a Baby Boomer in other words!) we'd like to talk with you about the U3A. It is 25 years since we started. What does a new generation want and expect from this organisation? Where should we be in – say – five years' time?

We'd love to hear from you. We will be conducting one or two focus groups over the next three months. Come and have a say! Each group will have a maximum of eight participants. Your opinions will help form our future.

Ring the office on 9639 5029 to register your interest. For further information email me at citymelb@u3a.org.au, with FOCUS GROUP in the subject line.

All the best to everyone.

Jill Thompson, **President**



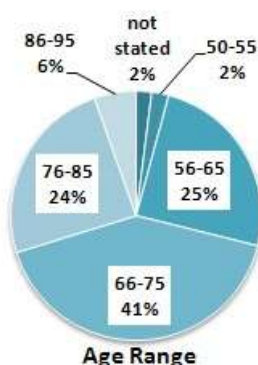
COMMITTEE.COM: THE PEOPLE POWER THAT KEEPS US GOING

COMMITTEE MEMBERS, 2011

Jill Thompson **President**
 Helena Ling **Secretary**
 Jim Norton **Treasurer**
 Diana Andrews, Keith Bettles, George Boag, Necia Burford, Jack Foks, Shirley Mason, Tony Miles, Julie Nankervis, Fran Sciarretta, David Watson

ABOUT THE MEMBERSHIP

Three-quarters of our 907 members are women.
 One fifth of all members live in the City of Melbourne.
 Altogether one fifth have registered to volunteer, including 8% as tutors.
 Almost three-quarters have email.
 The range of ages is shown below.



Your committee at work

We are pleased to report the following progress against our strategic plan.

- Our tireless Secretary, **Helena Ling**, has achieved considerable financial savings through an approach to Mr Adam Bandt, Federal MP for Melbourne. We are now able to photocopy the newsletter (about 500 copies) free of charge in his office, instead of paying for printing. Thanks to **David Watson** and **Mike Shackleton** for undertaking the bi-monthly task.
- Looking ahead, Helena has submitted four grant applications to three different government departments, one for 2011 and three for 2012. Fingers crossed.
- The Volunteering Working Party (**Fran Sciarretta, Helena Ling, Jocelyn Preece, Necia Burford, Keith Stewart and Jenny Fraser-Smith**) has drafted duty statements describing all the work involved in running the organisation – an important resource for the future.
- **Jack Foks** has completed his trial on-line course, *Does Democracy Work* – see his report on page 6.
- **Fran Sciarretta, Helena Ling, Zofia Joshi and Bev Peterson** have distributed promotional material, including a poster designed by **Tony Miles**, to 37 community organisations within the City of Melbourne.
- Thanks to **Keith Bettles** and his contacts, an article by **Tony Miles** about U3A was published in the precinct magazines *Melbourne 3004* and *Docklands 3008*.
- We have given in-principle support for two overseas tours to be conducted by Sage Travel in 2012. More details to come.

Our last issue included an appeal for members to help implement our strategic plan. Many thanks to **Eric Stokes** for volunteering to help develop a risk management plan – a vital and long-overdue component of our insurance obligations.

The call for more volunteers to join working parties still stands.

We are also very grateful to the following people for offering assistance with website administration: **John Hill** via **Christina Hill, Ida** and **Dennis Tipping, Tim Wilson, Mike Shackleton, David Williams, Margaret Newman, Lucy Hayward, David Harrison, Peter Caldwell**, and **Jenny Dymott** (who volunteered her son). At this stage a review is being undertaken by John Hill, after which a meeting will be called to discuss the best way forward.

U3A MELBOURNE CITY'S REFUND POLICY

Over the last few years the committee has been formalising and documenting important policies so that everyone is clear about 'the rules'. The most recent policy relates to refunds, of which this is a summary. To see the full documentation, or if you have a query about any other policy, contact Secretary Helena Ling.

Membership fee: This subscription is non-refundable, even if you are not satisfied with courses you have enrolled in, or been unable to join.

Event booking payment: Full refund if an event is cancelled, OR if you cancel before the closing date for bookings. No refund if you cancel after the booking closing date, NOR if you fail to attend.

Fee-paying courses: Full refund if a course is cancelled, OR if you withdraw more than five working days before it starts. A 50 per cent refund if you give less than five days' notice of withdrawal. No refund if you withdraw after the course has started.

Refunds must be collected from the office; amounts over \$10 will be refunded by cheque.

MORE OUTINGS TO TAKE US FROM WINTER INTO SPRING

When/what/where?

Friday 26 August, 12.00–2pm

WINTER LUNCH



Angliss Restaurant (Wm Angliss Institute of TAFE)
Enter at 550 Little Lonsdale St
(Spencer Street end)

More info

This year's Winter Lunch will reflect the magic of pearls. Our Music Ensemble (led by Juliette Zeelander) will be playing in Reception as arriving guests enjoy canapés and a specially created pearly cocktail – 'mocktail' also available. Then take your seat in the pearl-themed dining room for a splendid two-course lunch followed by tea or coffee. You can order and pay for additional drinks at the table.

While lunching we will be entertained and enlightened by a Melbourne importer of pearls, who knows all there is to know about these fascinating objects of desire.

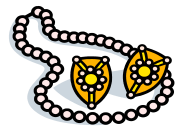
Paying and meeting

Cost: \$30

Bookings: Pay at U3A office **by Mon 15 Aug.**

Dietary needs: Make these clear when you book and they will be catered for.

Your event organisers would love you to join in the spirit of the occasion and think 'pearls'. Get the real ones out the bank, borrow some, or just wear fake! Put on some pearly-tinted gear – men, perhaps a pearly tie?



Let's all come out of our shells!

Tuesday 11 October,
2.30 – 4pm

TUTANKHAMUN EXHIBITION

Melbourne Museum
11 Nicolson St, Carlton

The crowds have been flocking to this magnificent exhibition. Save yourself the effort and extra cost of buying your own tickets by joining our U3A group and paying a reduced entry fee.

Only 20 tickets available, SO BOOK EARLY.



Cost: \$23

Bookings: Pay at U3A office **by Monday 3 October.**

Meet: Details in our next issue (late September).

OUR FIRST FASHION FUNDRAISER . . . A MESSAGE FROM SHIRLEY

When it comes to organising fashion shows, busy Social Coordinator Shirley Mason had more years' experience in the UK than she cares to remember! This is her first effort for us.

We'll be advertising full details in the next issue of City News, but in the meantime Shirley needs to line up her group of models.



Our first Fashion Show will be at The Little Shop on Glenferrie Hill, Hawthorn, on Sunday 23 October at 2.30pm. The modest ticket price will include a glass of wine.

We need models of all ages and sizes. All types of real women, not just slim ones – however, if you are a tiny size 8 and willing to strut your stuff, we'll certainly include you!

We are also looking for models who are size 20 and more. So please don't be shy. There will not be a catwalk, so no worries about falling off! I will show you how to walk, turn and smile – sometimes all at once – and we will have a make-up artist on hand; also perhaps a hairdresser. So all you need is a pair of suitable shoes. Even jewellery will be provided.

Are there two gentlemen members, friends or partners who would be prepared to escort our models during one or two scenes? It all adds to the fun.

There will be a raffle on the day, the proceeds of which will go to charity. So any raffle prizes that you could contribute would be very welcome.

Grateful thanks to Josie, the owner of The Little Shop, for giving us this opportunity; she and her staff will be doing most of the work.

So please, let's get together and make it a memorable fashion first for U3A Melbourne City.

Shirley Mason

THE 'AFFORDABLE EATS CLUB' GETS GOING



Where next?
Photo: Tony Miles

Rosemary Ryall reports on the May and June lunches

'For its first outing our group chose Munsterhaus, a vegetarian café in Brunswick, which was much enjoyed. The June expedition was to Tran Tran in Richmond, where a dozen of us were served with a Vietnamese banquet of dishes including Tran Tran Special Chicken and Mongolian Beef. The food was delicious and best of all was the animated conversation around the long table and catching up and meeting new people. We are all looking forward to the July affordable lunch.'

New members are welcome. If you would like to join this friendly group and sample a range of different cuisines at affordable prices, leave or email a note for Shirley Mason at the office (with AFFORDABLE EATS in the subject line) and you'll be contacted.

APPEALS AND OPPORTUNITIES

Disclaimer

Your committee has agreed to advertise these attractions, opportunities or appeals for assistance, but this should not be taken as an endorsement or recommendation to participate. Members are solely responsible for their own choices and any consequences that may result.

Cultural differences between parents and children

A team of researchers from the University of Melbourne and the National Ageing Research Institute is exploring cultural differences in relationships between parents and their adult children. They are looking for volunteers aged between 65 and 79 who were born in Australia and whose parents were born in an English-speaking country. Participants should have at least one living child and be living in the community.

Taking part will involve a 60-90 minute interview (in your home or elsewhere if preferred). You'll be asked for some personal details, followed by questions about your relationships with your adult children and also about your mental health.

If you are willing to help, please phone Xiaoping Lin (8387 2609) or email her at x.lin@nari.unimelb.edu.au

Knee and hip osteoarthritis therapy research

Both these research projects are being conducted by the Department of Physiotherapy at the University of Melbourne.

Do you have knee arthritis?

If eligible, you will receive ten free physiotherapy treatment sessions to evaluate the effectiveness of exercise and/or pain coping skills training in improving symptoms of knee arthritis.

You must be aged 50 years or over, and have had knee pain on most days in the past month, NOT be currently exercising and NOT have had a hip or knee joint replacement on the most painful side.

Please phone Yasmin Ahamed on 8344 0423 or email y.ahamed@student.unimelb.edu.au or visit the website: www.physioth.unimelb.edu.au/chesm/cbtrct.html

Do you have hip arthritis?

If you are eligible for this project, you will visit a physiotherapist in either Brighton, Box Hill, Ringwood, Mulgrave, Berwick, Clifton Hill, Epping, Sunshine or Camberwell at no cost. To take part you must be aged 50 years or over, and have had hip pain on most days in the past month.



Please phone Joel Martin on 8344 0426 or email marti@unimelb.edu.au

or visit the website: www.physioth.unimelb.edu.au/chesm/volunteer.html

Fitness for the Ageing Brain Study II



The National Ageing Research Institute and the University of Melbourne are looking for volunteers who have been diagnosed with Alzheimer's disease and their relative or close friend who would be interested in participating.

The aim of the study is to determine whether a home-based physical activity program, such as walking, can improve memory, physical ability and quality of life for people with Alzheimer's disease.

We will also assess the indirect impact of the program on the quality of life of the family members. Participants need to have a diagnosis of Alzheimer's disease, be able to walk unaided, live at home and attend three visits to Parkville for assessments. Assistance with transportation can be provided.

For more information or to provide details of patients interested to participate in the research, please contact Ellen Gaffy on 8387 2296, or email her at e.gaffy@nari.unimelb.edu.au

SENIORS WEEK PROMOTION AT FEDERATION SQUARE

For this promotional day to be a success we will need your support!

Be an ambassador for U3A Melbourne City at Federation Square on Sunday 2 October!


Blow our own trumpet!

Be an ambassador!

Planning for the U3A Melbourne City participation in the U3A Carnival of Learning on **Sunday 2 October** is under way again. Our main aim this year is to encourage like-minded seniors in the City of Melbourne to become members of U3A Melbourne City and open their minds to the world of personal achievement and fulfillment whilst at the same time having fun and making new friends!

This event provides an opportunity for us to present the many benefits of seniors staying intellectually and socially connected through the programs and activities we offer.

Your help is needed!

- We are seeking enthusiastic and friendly members who have a good knowledge, understanding and experience of U3A to be our ambassadors on this day.
- We want members who regularly attend and participate in a variety of courses and activities, and who can explain and offer advice about the many benefits of membership, participation and volunteering in our U3A.
- We will provide a briefing session for our ambassadors.
- We need people for the following timeslots:

[11am to 1pm] [1pm to 2.30pm] [2.30pm to 4pm]

Anne Irwin, Seniors Week Coordinator

Volunteer by 3pm on Wednesday, 10 August and go into a draw to win 2 free tickets to a final dress rehearsal of *Kismet* at the State Theatre on Wednesday 17 August at 2pm!



2009 Ambassadors at Federation Square: Karen Duplex, James Cruz, Radmila Leemann, and Susan Sandral.

Please detach and mail the registration slip below, or drop it into U3A Melbourne City, 2nd Floor, Ross House, 247 Flinders Lane, Melbourne, 3000 by no later than Friday 26 August.

OR email your response (with 'FEDERATION SQUARE ROSTER' in the subject line) detailing name, contact details and time slot preference to Anne Irwin at: anneron@benalla.net.au



ATTENTION ANNE IRWIN, Seniors Week Coordinator, C/o the U3A Melbourne City Office.

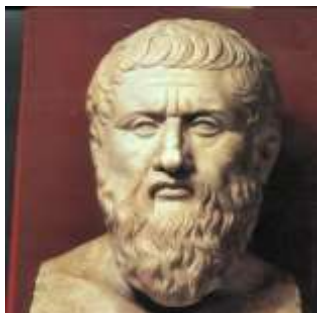
I would like to help as an ambassador in the U3A Melbourne City marquees on Sunday 2 October at Federation Square.

Name:

Phone.....

Preferred roster period/s:

DEMOCRACY RULES ONLINE: JACK REPORTS ON HIS BLOG EXPERIMENT



Plato – busting with good ideas.

Well, the over-50s have shown that they definitely are with it.

In the last newsletter I told you we were going to run the trial online course, 'Does Democracy Work'. We duly started on 30 May with 28 enrolments and ran the program for five weeks. We managed to cover topics ranging from dictatorship as an alternative to democracy through to how to rig elections, pausing along the way to consider such issues as whether women should ever have got the vote.

The blog format was intended to encourage comments from the participants and

comment they did. There was quite a bit of agreement and some polite disagreement. At the end of the day most seemed to think that democracy was better than any of the alternatives, although benevolent dictatorships and Plato's republic, with its guardians specially trained to run the system, did attract some favourable comments.

At the time of writing (June 27) I am preparing a set of questions to send to participants to see what they thought about it all. Their feedback will hopefully provide the basis for deciding where to go next.

Jack Foks

OUR SHORT COURSES STARTING IN AUGUST-SEPTEMBER

Book your places by ringing the office on 9639 5209. First come, first served.

Most classes are held in Ross House (RH), in one or other of the meeting rooms (MR). Please observe U3A etiquette: if the room is occupied before your class, wait until the appointed time before entering; and if another group follows you, be sure to depart promptly. **And switch off your mobile phone on entry!**

Course Content Disclaimer: All material presented in our classes is at the discretion of the tutor or group leader and does not necessarily reflect the views of U3A Melbourne City. Members are solely responsible for the choices they make. Course summaries indicate the content to be covered; members should seek clarification from the tutor if required.

Monday, 2.00 – 4.00

RH, 3rd Floor, MR1

August 15 – August 22
(2 sessions)

RENEWABLE ENERGY: THE GOOD, THE BAD AND THE DEBATABLE.

Tutor: [Bernard Wheelahan](#) (25 places)

Session 1: Why renewable? The alternatives, the pluses and minuses.

Session 2: The candidates: wind, solar, hydro, waves, tides, bio-fuels, wastes, geothermals

Prerequisites: Willingness to discuss current energy issues from the media.



Tuesday 10.00 – 12.00

RH, 4th Floor, MR2

August 16 – September 20
(6 sessions)

COMPUTERS – INTRODUCTION. Tutor: George Boag (3 places)

Learn about computers in this small hands-on class with a personal touch – laptops provided. Learn the basics of computers, word processing and spreadsheets. Nobody is too slow or dumb to understand computers.

Prerequisites: None.

No new students after the 2nd class.



Tuesday, 10.00 – 12.00

Multicultural Hub (check noticeboard weekly)

August 16 – September 20
(6 sessions)

CREATIVE WRITING WORKSHOP – INTRODUCTORY. Tutor: [Dr Christine Ferrari](#) (15 places)

Is there a writer in you? New or practised writers will develop their creative writing skills through a series of in-class exercises and focused discussions in a friendly atmosphere. Writers will utilise the senses and memory to enhance description, characterisation and various story-telling techniques. Writers in the workshop are encouraged to create either a short story or an extract from a memoir or family history during the course.

Course materials: Students to bring a journal or exercise book and pen.



Tuesday, 11.30 – 1.00

RH, 3rd Floor, MR1

August 16 – September 20
(6 sessions)

AGE AND ACHIEVEMENT. Tutor: Dr Ray Over (16 places)

This course will explore questions such as whether intelligence declines after peaking in early adulthood and whether people become more conservative as they age, in order to address issues such as stability versus change over the lifespan. Exploring these questions will enable us to challenge stereotypes and myths about the ageing process and about how and why older and younger people differ.

No new students after the 2nd class.



Tuesday, 1.00 – 3.00

RH, 1st Floor, MR3

August 16 – November 29
(16 sessions)

CONTINUING COURSE

SPANISH FOR BEGINNERS PART 2. Tutors: Juan Martinez and Flora Anderson
(10 places)

This course aims to help beginners to learn and enjoy the Spanish language in a convivial atmosphere. We will teach and reinforce correct pronunciation of vowels and consonants. So with much practice, students will acquire a basic vocabulary of nouns, verbs and adjectives, etc. By completion of this second part of the course, students will be able to construct short sentences, ask questions and name familiar objects – all in Spanish.

Prerequisites: Completion of Spanish for Beginners Part 1, or some knowledge of Spanish.

Course materials: Spanish dictionary and verbs book: tutors will advise.

Wednesday, 10.00 – 11.30

RH, 1st Floor, MR3

August 17 – September 21
(6 sessions)

YOUR MEDICINES AND YOU. Tutor: [Dr Bronwen Bryant](#) (20 places)

This course is designed to help you understand how medicines (drugs) affect your body both usefully and potentially adversely, and how best to optimise their effects. Emphasis will be placed on drugs commonly taken by older people. The tutor is a lecturer and co-author of a textbook on pharmacology. **Note: specific medical advice (diagnosis and prescription) cannot be given.**

Prerequisites: Some knowledge of human biology would be helpful.

No new students after the 2nd class.



Wednesday, 1.30 – 3.30

RH, 3rd Floor, MR1 &

RH, 1st Floor, MR1 (28 Sept & 5 Oct)

September 21 – November 30
(11 sessions)

REPEAT COURSE

EARLY RELIGION: AN ALTERNATIVE HISTORY. Tutor: [David Miller](#) (15 places)

This course presents an historical view of religion that is neglected and little known today. It will explore the origins of the Zoroastrian religion (Persian Empire) and the Abrahamic religions (Judaism, Christianity and Islam) within the spiritual, cultural and political context of ancient times. It will then look at the transition of the early Christian Church into the Imperial Church of the Roman Empire, including various 'heresies' suppressed during this process.

Topics will be introduced and then participants will be encouraged to ask questions, offer comments and contribute to the discussion. **A course outline and reading list can be downloaded from [my course page](#) on the U3A website.**

Thursday, 11.00 – 12.30

Multicultural Hub (check noticeboard weekly)

August 18 – September 22
(6 sessions)

OLDER AUSTRALIANS: PAST, PRESENT & FUTURE. Tutor: Dr Ray Over (16 places)

Would you like the opportunity to be part of a group whose predictions will be put in a time capsule to be opened in 2050? We will compare older Australians in 1970 and 2010 on dimensions such as education, family, health, work history, gender roles, wealth and lifestyle to identify how and why being older has changed over time. Following these comparisons, we shall then predict the life experiences and status of older Australians in 2050. The group tutor is an academic who has published widely in the area of psychology.

No new students after the 2nd class.



Friday, 12.00 – 1.30

RH, 4th Floor, MR1

August 12 – September 16
(6 sessions)

REPEAT COURSE

HEALTH AND WELLBEING FOR SENIORS: A MIND-BODY APPROACH. Tutor: [Alan Close](#) (14 places)

This course by therapist/trainer Alan Close will provide information and practical experience in ways to reverse biological ageing and enhance your health and wellbeing. Armed with information about how the mind and body work together to create health, you can do simple exercises at home to maintain an active life or address existing illnesses. The course will focus on understanding five main body systems: lymphatic, cardiovascular, musculoskeletal, digestive and the brain. The class will encourage comment from students on how well this approach works for them.

Course materials: Students to wear comfortable clothing and bring notepad.

No new students after the 2nd class.

About this issue of the newsletter . . . and the volunteers behind it

City News is published in January, March, May, July, September and November. **Newsletter team:** Anne Riddell (editing, layout); Helena Ling (course lists, email distribution, website posting); David Watson, Mike Shackleton (photocopying); Jan Miller (website posting); Jim Norton, Margaret Rees, David Williams and others (mail-out). **Copy deadline is second Wednesday of the month of publication.** Please email or send items to office, for 'City News Editor'.

2011 YEARLONG COURSE SUMMARY AT 15/7/11 – showing vacancies

Shaded courses are full. Flagged courses ☞ had some vacancies at time of printing. Phone office on 9639 5209 to apply. No classes on Public Holidays. *Group Leader (GL) – no formal tuition offered.* Always check room on Ross House board on the day, in case of change.

COURSE TITLE AND TUTOR/GROUP LEADER	Day	Time	Room
BOOK DISCUSSION / Sandra Joicey (GL) <i>Monthly – last Thursday</i>	Thurs	1.30 - 3.30	RH 1st FI MR3
CHESS LEVELS 1 & 2 / Blair Cramer ☞	Monday	10.00 - 12.00	RH Gr FI MR1
CHOIR / Margaret Shilton (GL)	Wednesday	10.00 – 11.30	Welsh Church
CRAFT GROUP / Betty Westerland (GL) ☞	Tuesday	10.00 - 1.00	RH Mezzanine MR
CRYPTIC CROSSWORDS / Kelvin Edwards (GL) <i>Fortnightly</i>	Friday	11.30 - 1.00	RH 1st FI MR3
CURRENT AFFAIRS / George Boag (GL)	Thursday	10.30 - 12.00	Multicultural Hub
ECONOMICS / John Besley ☞	Tuesday	10.00 - 11.30	RH 3rd FI MR1
ENGLISH CONVERSATION / Katharina Budde <i>Fortnightly</i>	Thurs	1.30 - 3.30	RH 1st FI MR1
FLORISTRY / Judy Eldred	Wednesday	11.30 - 1.00	RH Gr FI MR
FOREIGN EXCHANGE TRADING ONLINE / Tim Wilson ☞	Tuesday	10.00 - 12.00	RH 3rd FI MR2
FRENCH, ADVANCED / Robert Hooke	Monday	10.00 - 12.00	RH 1 st FI MR1
FRENCH, BEGINNERS / Carol Wright	Wednesday	11.30 - 1.00	RH 3 rd FI MR1
FRENCH CONVERSATION – ADVANCED / Hilary Adair (GL)	Tuesday	10.00 - 12.00	RH 1st FI MR1
FRENCH, POST INTERMEDIATE / Robert Hooke	Wednesday	10.00 - 12.00	RH 1st FI MR1
FRENCH, POST-BEGINNERS / Carol Wright	Wednesday	10.00 - 11.30	RH 3rd FI MR1
FRENCH RE-CONNECTION / Maud Heron-Williams	Monday	12.30 - 2.00	RH 1st FI MR1
GERMAN GROUP / Gisela Schade (GL) ☞	Friday	10.00 - 11.30	Multicultural Hub
GERMAN LANGUAGE & CULTURE / Erika Martens	Thursday	2.00 - 4.00	RH 3rd FI, MR3
GREAT WORKS OF LITERATURE / Christina Hill	Wednesday	1.00 - 3.00	RH Gr FI MR
HISTORY OF THE WORLD / Chris Dargan	Friday	1.30 - 3.30	RH 4th FI, MR1
ITALIAN, ADVANCED / Val Pincus (GL)	Thursday	10.00 - 12.00	RH 3rd FI MR2
ITALIAN, BEGINNERS / Diana Bianciardi	Tuesday	1.00 - 2.30	RH 1st FI MR1
ITALIAN, POST-BEGINNERS / Joan Gravina	Tuesday	1.00 - 2.30	RH 3rd FI MR1
JAPANESE LANGUAGE & CULTURE / Shinei Sakai	Thursday	10.00 - 11.30	RH 1st FI MR1
JAPANESE, LEVEL 1 (BASIC) / Sadako Martin ☞	Wednesday	1.00-3.00	RH 1st FI MR3
KRISHNAMURTI / Angela Hamilton-Smith (GL) <i>Monthly</i> ☞	Sunday	2.00 - 5.00	CAE, Room B313
LATIN POETRY – AN INTRO / Michael Baker ☞	Tuesday	11.30 - 1.00	City Library
LATIN POETRY, CONTINUING / Michael Baker ☞	Tuesday	10.00 - 11.30	City Library
MAHJONG FRIDAY / Heather Kudeviita	Friday	12.30 - 3.30	RH Gr FI MR 1
MAHJONG TUESDAY / Dorothy Davis (GL)	Tuesday	10.00 - 1.00	RH Gr FI MR 1
MONDAY WRITERS / Mary Horsfall (GL)	Monday	12.00 - 1.30	RH 1 st FI MR3
MOVIE DISCUSSION GROUP / Rhoda Lysakowski (GL) <i>Monthly – 3rd Monday</i>	Monday	10.00 - 12.00	RH 3 rd FI MR1
MOVIES OF MERIT / John Waldie	Wednesday	1.00 - 4.00	Docklands Hub
MUSIC ENSEMBLE / Juliette Zeelander (GL) ☞	Monday	1.00 - 3.00	Welsh Church
PAINTING / Ann Hewett (GL) ☞	Wedday	11.30 - 1.00	RH 2nd FI MR 1
PHILOSOPHICAL ISSUES / Margaret Ledley (GL)	Tuesday	2.00 - 3.30	RH Gr FI MR
PHILOSOPHY, THE BASICS / Chris Dargan	Friday	10.00 - 11.30	RH 1st FI MR3
SHAKESPEARE REVISITED / Sandra Joicey	Thursday	10.00 - 12.00	RH 3rd FI MR1
SPANISH ADVANCED / Juan Martinez	Monday	10.00 - 12.00	City Library
WATERCOLOUR & BOTANICAL ART – INTERMEDIATE / Rhonda Favaloro ☞	Thursday	1.00 - 3.30	Docklands Hub
WATERCOLOUR & BOTANICAL ART – INTRODUCTION / Rhonda Favaloro	Monday	1.00 - 3.30	Docklands Hub
WEDNESDAY WRITERS / Betty Caldwell	Wednesday	11.00 - 1.00	RH 3rd FI MR2
WEISS REPORT / Edward Weiss <i>Fortnightly</i> ☞	Friday	11.00 - 12.00	RH Gr FI MR
WESTERN INTELLECTUAL TRADITION / Rom Jagielski	Monday	1.30 - 3.00	RH 1st FI MR3
WINE APPRECIATION / Rod Hawken (GLS) <i>Monthly</i>	Wednesday	7.30 - 10.00	RH Gr FI MR 1
WISDOM OF THE AGES / Chris Dargan	Monday	2.00 - 3.30	RH 1st FI MR1
YOGA - A / Alma Kristensen	Monday	10.00 - 11.15	RH 4 th FI MR1
YOGA - B / Alma Kristensen	Monday	11.30 - 1.00	RH 4 th FI MR1

RH = Ross House. MR = Meeting Room. For full details of class venues, see your Yearlong Course Guide or check our website www.u3amelbcity.org.au